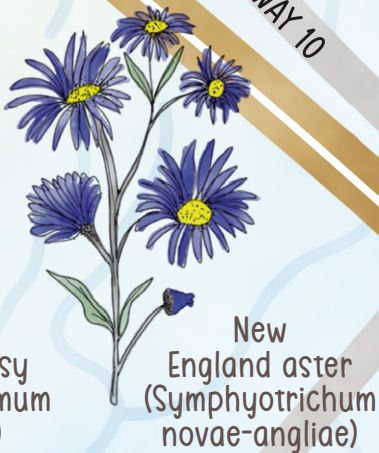


DUFFERIN RAIL TRAIL


The 38-km Dufferin Rail Trail (Orangeville to Dundalk) is part of a continuous route that will eventually extend from Mississauga to Owen Sound. In Dufferin, my favourite section to walk is the 6-km stretch from Corbetton to Dundalk because it comprises a combination of rich farmland, several stream crossings (over bridges!) and an extensive wetland complex. Furthermore, whether you hike it there and back for a total of about 12 km, or as a one-way walk with a car drop-off, you can stop in Dundalk for refreshments.

The Junction Restaurant is open 10 a.m. to 8 p.m. on weekends and 11 a.m. to 8 p.m. on weekdays (closed Mondays).



While the wetlands are alive with waterfowl and very loud frogs, what struck me was the profusion of wildflowers. Look for these late bloomers as summer slips into autumn. Take your cellphone along so you can identify these and many more.

An easy 6 km, 1.5- to 2-hour, one-way hike (double for a round trip).

-  Dufferin Rail Trail
-  Corbetton to Dundalk



HIKING ETIQUETTE

Hike only on marked trails. Obey all signs. Carry out all litter, including dog poo. Keep dogs leashed. Don't disturb people, animals, plants or trees.



NICOLA ROSS IS THE AUTHOR OF THE BESTSELLING LOOPS & LATTES HIKING GUIDE SERIES